

## Chapter 14: The Story of Food

NCERT · Class 3 · EVS

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### Questions

#### Question 1

**What kind of work are people doing in both families?**

#### Solution

Venu's Family: Mother is preparing food, and father is cleaning the floor. All the people in the family are eating food together. Mother and father are reading newspapers, and Venu is cycling.

Rani's Family: Mother is cooking food. The males of the family are having food, and Rani is serving the food.

Rani and her mother are fetching water, and Rani's father is reading the newspaper.

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#### Question 2

**Is your family like any one of these families? If yes, which one? How is your family like theirs?**

#### Solution

Yes, my family is similar to Venu's. All of us eat meals together.

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#### Question 3

**Do all the people in your family eat together? If not, why?**

#### Solution

Yes, they do.

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#### Question 4

Who eats last in the family?

### Solution

No one, because we eat the food together.

### Question 5

Who does not help in cooking food in the family, and why?

### Solution

My father does not help much with cooking because he does not know how to cook.

### Question 6

In the table, some of the work done in the house has been mentioned. Find out who does them in your house and who does them in your friend's house. You can add some other work also to the list.

### Solution

| Work                          | Who Does the Work                                |          |
|-------------------------------|--------------------------------------------------|----------|
|                               | <i>In your house, and in your friend's house</i> |          |
| Cooking food                  | Mother                                           | Mother   |
| Buying things from the market | Mother, Father, Brother                          | Father   |
| Sweeping                      | Mother, Sister                                   | Mother   |
| Cleaning the utensils         | Mother, Sister                                   | Mother   |
| Filling water                 | Brother, Sister                                  | Mother   |
| Reading books/newspapers      | Everyone                                         | Everyone |
| Mopping the floor             | Mother, Sister                                   | Mother   |

### Question 7

Who does more work?

## Solution

In my house – Mother

In my friend's house – Mother

## Where Does Wheat We Eat Come from?

### Question 1

The names of some food items are given below. Add some more names to the list. Draw a green circle around those items that we get from plants. Draw a red circle around those items that we get from animals.

### Solution

|         |          |        |           |
|---------|----------|--------|-----------|
| Honey   | Turmeric | Fish   | Yogurt    |
| Corn    | Milk     | Lemon  | Coriander |
| Spinach | Potato   | Ajwain | Rice      |
| Egg     | Meat     | Banana | Wheat     |
| Tomato  | Onion    | Chilli | Cheese    |

### Question 2

When you are sick, do you take any medicine that you get from plants? What do you take when you

1. get hurt?
2. have a stomachache?
3. have a cough and cold?
4. have a toothache?

### Solution

1. get hurt- apply turmeric

2. have a stomachache – ajwain and black salt with water
  3. have a cough and cold – milk with turmeric
  4. have a toothache – put clove oil in the mouth
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